



**PACKING:**

Each kit needs to be placed inside a plastic clear shoebox no larger than 6 quarts.

**INCLUDE IN EACH KIT:**

Flashlight

Batteries

Children's acetaminophen

Children's ibuprophen

Alcohol Swabs

Neosporin (or generic version)

Benadryl itch relief – topical lotion

Mini-first aid kit (includes band-aids of varying sizes, cleansing wipes, gauze pads)

Large gauze pads

Elastic wrap

Hand sanitizer

Baby powder

Children's chewable vitamins

Toothbrush

Toothpaste

Dial soap (anti-bacterial)

Washcloth

1 lb. bag of rice

1 lb. bag of beans

Flat package of tuna (6.4 oz) and/or chicken

Small package of nuts

Protein bars

Jerky

**DO NOT INCLUDE:**

Candy/chocolate

Clothing/shoes

Toys

School supplies